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Health and Human
Services

**Texas Department of State
Health Services**

Transition to Adulthood Learning Collaborative (TALC)

1st Quarter Meeting, FY21

November 10, 2020

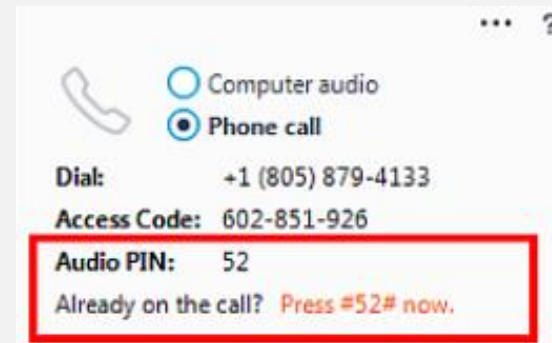


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Housekeeping

- All lines are in listen only mode
 - To speak, click the **RAISE HAND** icon and we'll unmute your line
- If your computer does not have a mic, please use the phone for audio (phone is preferred)
 - Dial the **AUDIO PIN** to enable audio
- Use the **QUESTION BOX** to:
 - Communicate with us
 - Ask the speaker a question
 - Get help with technical difficulties
- Agenda, PowerPoint slides, and handouts are in the **HANDOUTS** section
- Today's call will be recorded and posted on our website at <https://bit.ly/2Kc1tke>



Agenda

- Welcome & Housekeeping
- Presentation *“Taking Small Steps Today Towards a Meaningful Life, Including to Adult Health Care”*
- CAHB/CSHCN Systems Development Group Updates
- Upcoming Events & Webinars
- TALC Member Updates & Events
- Resources & Publications
- Next Meeting Date & Adjourn

Taking Small Steps Today Towards a Meaningful Life, Including to Adult Health Care

Laura Buckner, M.Ed., L.P.C., M.O.M.
Texas Center for Disability Studies,
The University of Texas at Austin



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Child and Adolescent Health Branch (CAHB) Updates



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Child and Adolescent Health Branch

- Manager and CSHCN Director: Audrey.Young@dshs.texas.gov
- State Adolescent Health Coordinator: Cristell.Perez@dshs.texas.gov
- State Child Health Coordinator: Claire.Niday@dshs.texas.gov
- Program Specialist for Branch: Megan.Holter@dshs.texas.gov
- Administrative Assistant: Rosie.Alier@dshs.texas.gov
- CSHCN Systems Development Group:
 - Project Coordinator, Cassandra.Johnson@dshs.texas.gov
 - Program Specialist/Contract Lead, Dawn.Ferriter@dshs.texas.gov
 - Family Engagement Specialist, Eric.Childress@dshs.texas.gov
 - State CSHCN Health Coordinator, Ivy.Goldstein@dshs.texas.gov

CSHCN State & National Performance Measures

- National Performance Measures
 - Children have a [“medical home”](#) that knows them well and helps them find and get all the care they need
 - Youth have the services and supports they need to [transition to adult healthcare](#)
- State Performance Measure
 - Children and families have the services and supports they need to [be fully included into their communities](#)

Upcoming Events



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Conferences

[2020 Texas Primary Care Consortium Virtual Summit](#) - Two sessions remaining!

November 12: Care Coordination & Collaboration

November 19: On the Horizon

[2020 Lonestar LEND Virtual Conference](#) - Unconscious Bias & Cultural Blindness in Disability Services

December 3 & 4, Registration opening soon

For health care professionals, parents/caregivers, educators, & social workers

[Central Texas African American Virtual Conference](#), Together We Will Heal

February 3 – 5, 2021

Features current information on mental health, substance use disorder, and intellectual and developmental disabilities

Calling for Exhibitors and Registration is Open!

Conferences

[Yes2Best Youth Virtual Summit](#), February 6, 2021

Mental Health and Wellness for Youth ages 14 -24,
St. Edwards University, Austin
Free!

[2021 Texas Transition Virtual Conference](#)

February 16 – 18, 2021

A project of the Center on Disability and Development at Texas A&M

Focuses on evidence-based practices to support a smooth transition from school to adult life for youth with disabilities.

Transition Webinars

National Alliance to Advance Adolescent Health/Got Transition
New Report, [Medicaid Managed Care Contract Language to Expand the Availability of Pediatric-to-Adult Transitional Care](#)

Webinar, November 13th, 1 pm CT

Will feature examples from Texas and Florida on including transition language in Medicaid managed care contractors. Register [here](#).

Transition Webinars

The state Community Resources and Coordination Group (CRCG) Office and Texas System of Care

Working & Engaging with Youth Monthly Series.

One webinar remaining:

- January 14: Youth of Color
- 11:00 am – 12:00 pm CT
- Register [HERE](#).

Family Engagement

Texas Parent to Parent

Family Support Open Calls via Zoom- For families to discuss what is going on and see if the TxP2P community can help with resources and ideas. Or, just hang out to connect with other families.

In English:

Wednesdays at 11 am (CT)

Contact Cynda at Cynda.Green@txp2p.org

In Spanish:

Wednesdays at 2 pm (CT).

Call Rosalba at (737) 484-9044

To reach the Family Support Program, call (737) 484-9044

TALC Member Updates & Events



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Resources & Publications



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New Publication

Journal of the American Medical Association, JAMA, October 2020

[Medical Care of Adults with Down Syndrome: A Clinical Guideline](#)

- Evidence-based clinical guidelines to support primary care of adults with Down syndrome
- Provides recommendations across a wide range of clinical conditions
- Supports clinicians in providing high quality medical care for adults with Down syndrome

Supported Decision-Making

Family Voices- New Tool

- [Shared Decision-Making- What is It?](#)
- Follows from American Academy of Pediatrics (AAP) interim guidance, [Caring for Children and Youth With Special Health Care Needs During the COVID-19 Pandemic](#), highlighting the importance of Shared Decision Making between families and providers in navigating COVID-19
- Includes examples on how parents can initiate conversations with child's care team

Youth with Medical Complexity

[Courageous Parents Network](#), New Transition Guide

- [Planning for Transition from Pediatric to Adult Providers for the Fully Dependent Child](#)

Youth Engagement

Office of Population Affairs, US Dept of Health and Human Services

[Listen Up! Toolkit](#)

- Helps programs:
 - Meaningfully and systematically engage youth in projects
 - Plan, facilitate, and evaluate youth listening sessions

TRICARE Young Adult

[TRICARE Young Adult](#) (TYA) - available for purchase by certain family members under the age of 26 who have lost or will lose TRICARE eligibility due to age. Qualified adult children can purchase TYA coverage after regular TRICARE coverage ends at:

- Age 21
- Age 23 (if enrolled in college full time or at a college graduation, whichever comes first)

See the [TRICARE Young Adult Program Fact Sheet](#) to learn more about who qualifies for TYA and how to purchase TYA coverage.

For other TRICARE news and information, see [the TRICARE Benefits Updates](#) and [TRICARE Publications](#).

Person-Centered Planning

Person-Centered Planning & Tools

National Center on Advancing Person-Centered Practices and Systems (NCAPPS):

- [Health Care Person-Centered Profile](#)
- [Person-Centered Thinking Skills in a Time of Crisis](#) (video with Michael Smull)

New Tip Sheet:

[Distance Learning Activities During COVID-19 to Help Transition-age Youth on an IEP Prepare for Adulthood](#)

Online Trainings on Transitioning to Adulthood:

- [Transition to Employment: Tools to Help You Find a Job](#)
- [Math Tech: Tools to Support Secondary Students](#)
- [Apps to Help Young Adults with Disabilities Learn About and Manage Money](#)
- [Supplemental Security Income: The Bridge to Work](#)

All of PACER's archived webinars can be found on this [webpage](#)

Texas Special Ed Funding

Supplementary Special Education Services program

- Announced by Governor Greg Abbott and the Texas Education Agency (TEA)
- **For eligible students.**
- One time funding allocation up to \$1,500 to offset learning disruptions related to COVID-19
- Can cover services such as tutoring, therapy, digital resources
- Nearly 59,000 students statewide are eligible to benefit
- Priority given to families receiving income assistance and/or have documented financial need

See website for more information, including Frequently Asked Questions in [English](#) and [Spanish](#)

Texas Education Authority (TEA)

Straight Talk

- TEA project created by parents, for parents
- Provide positive, empowering forum for families to share learnings and lived experiences
- Messages focus on possibility and encourage high expectations for all children
- Mini videos (1 – 2 minutes)
- Featuring Laura Buckner & others

Recreation and Fun!

Cosability, <http://www.cosability.com/about-us/>

Nonprofit created by a Houston teen, Kristen Passmore, to empower cosplayers with disabilities

- Video, [Inspiring Cosplayers of All Abilities - Hero Makeover Ep. 1](#)
- Facebook page, <https://www.facebook.com/CosAbility>
- Facebook Group, <https://www.facebook.com/groups/CosAbility>

Driving!

Texas' First of its Kind Driving Course in ASL

In response to Senate Bill 1051, 85th Legislature
Provides minors and adults the ability to fully
participate in the classroom portion of driver education.

Mental Health

- Newly Redesigned! Mental Health Texas website, mentalhealthtx.org
- COVID-19 Mental Health Support Line, Texas Health and Human Services, (833) 986-1919
- National Institute of Health Report, [Outdoor Light and Teens Mental Health](#)
- Transitions Research and Training Center, [Supporting Employment for Young Adults Living with Mental Health Conditions](#)

Texas Health Steps

Updated! Texas Health Steps Provider Education Modules

- [ADHD: Screening, Diagnosis Management](#)
- [Autism Spectrum Disorder: Screening, Diagnosis, and Management](#)

Next Meeting Dates

Medical Home Learning Collaborative

January 13, 2021 10 am - 11:30 am CT

Transition to Adulthood Learning Collaborative

February 10, 2021, 12 pm – 1:30 pm CT

Thank You!

Please take the post-call survey. We value your feedback!

ivy.goldstein@dshs.texas.gov



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